

SPEEDOMEETING 2026: Session: 5: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Tieghem Kristof

Coaches: Lefever Valerie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M FREESTYLE WOMEN 10-9				Heat:2, starttime: 14:00
Heat: 2/3 Lane : 3 Athlete: VANHAECKE HANNAH				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 01:28.15 SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 23: 200M MEDLEY MEN 10-9					Heat:2, starttime: 14:10
Heat: 2/2 Lane : 8 Athlete: DOOMS VIC					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:2, starttime: 14:20
Heat: 2/19 Lane : 9 Athlete: T´JONCK MATHIJS					Q-time: 99:99:99
PB (50m pool): 03:51.08 Kortrijk 26/12/2025		PB (25m pool): 03:52.62 SB: 03:51.08 Kortrijk 26/12/2025			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:56.19	01:54.80	03:00.55	03:51.08	
	00:56.19	00:58.61	01:05.75	00:50.53	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:3, starttime: 14:25
Heat: 3/19 Lane : 5 Athlete: THYVELEN RUNE					Q-time: 03:30:37
PB (50m pool): 03:30.37 Kortrijk 04/05/2025					PB (25m pool): 03:03.65 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:50.37	01:44.15	02:42.64	03:30.37	
	00:50.37	00:53.78	00:58.49	00:47.73	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:5, starttime: 14:35
Heat: 5/19 Lane : 2 Athlete: STAELEN QUINTEN					Q-time: 03:14:99
PB (50m pool): 02:52.80 Brugge 25/01/2026					PB (25m pool): 02:51.89 SB: 02:52.80 Brugge 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.85	01:22.27	02:12.45	02:52.80	
	00:36.85	00:45.42	00:50.18	00:40.35	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:5, starttime: 14:35
Heat: 5/19 Lane : 3 Athlete: MOERMAN JASPER					Q-time: 03:13:67
PB (50m pool): 03:02.15 Kortrijk 26/12/2025					PB (25m pool): 03:03.59 SB: 03:02.15 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.91	01:29.02	02:21.42	03:02.15	
	00:42.91	00:46.11	00:52.40	00:40.73	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:9, starttime: 14:50
Heat: 9/19 Lane : 2 Athlete: VANHAECKE LOWIE					Q-time: 02:48:83
PB (50m pool): 02:48.83 Antwerpen 20/07/2025					PB (25m pool): 02:46.45 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.30	01:21.83	02:12.39	02:48.83	
	00:40.30	00:41.53	00:50.56	00:36.44	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:10, starttime: 14:50
Heat: 10/19 Lane : 6 Athlete: DEVRIESE SKY					Q-time: 02:44:42
PB (50m pool): 02:44.42 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:35.30 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.49	01:19.74	02:07.60	02:44.42	
	00:36.49	00:43.25	00:47.86	00:36.82	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:12, starttime: 15:00
Heat: 12/19 Lane : 8 Athlete: DE GRYSE HAMZA					Q-time: 02:39:78
PB (50m pool): 02:39.78 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:34.21 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.53	01:16.25	02:04.34	02:39.78	
	00:33.53	00:42.72	00:48.09	00:35.44	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:16, starttime: 15:10
Heat: 16/19 Lane : 0 Athlete: VANDAMME LUCAS					Q-time: 02:29:28
PB (50m pool): 02:29.28 Antwerpen 13/07/2025 PB (25m pool): 02:25.22 SB: 02:34.29 Brugge 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.76	01:13.17	01:55.80	02:29.28	
	00:32.76	00:40.41	00:42.63	00:33.48	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:16, starttime: 15:10
Heat: 16/19 Lane : 2 Athlete: PLOVIE FLYNN					Q-time: 02:28:45
PB (50m pool): 02:28.45 Antwerpen 27/07/2025 PB (25m pool): 02:24.76 SB: 02:29.06 Kortrijk 26/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.10	01:07.60	01:53.12	02:28.45	
	00:31.10	00:36.50	00:45.52	00:35.33	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:17, starttime: 15:15
Heat: 17/19 Lane : 0 Athlete: DELPORTE NIO					Q-time: 02:26:45
PB (50m pool): 02:22.43 Kortrijk 26/12/2025					PB (25m pool): 02:17.74 SB: 02:22.43 Kortrijk 26/12/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.47	01:09.85	01:50.39	02:22.43	
	00:31.47	00:38.38	00:40.54	00:32.04	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:18, starttime: 15:15
Heat: 18/19 Lane : 0 Athlete: EECKHOUT SIEBEN					Q-time: 02:23:77
PB (50m pool): 02:23.77 Antwerpen 27/07/2025					PB (25m pool): 02:18.52 SB: 02:25.91 Brugge 25/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.01	01:05.95	01:49.37	02:23.77	
	00:29.01	00:36.94	00:43.42	00:34.40	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:18, starttime: 15:15
Heat: 18/19 Lane : 4 Athlete: THYVELEN WOUT					Q-time: 02:21:72
PB (50m pool): 02:16.52 Zwembad Brigitte Becue Oostend 10/05/2025					PB (25m pool): 02:11.22 SB: 02:23.05 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:16.52	
	no time				
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 10-9					Heat:1, starttime: 15:35
Heat: 1/3 Lane : 5 Athlete: VANHAECKE HANNAH					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 01:58.02 SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback: